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Pulmonary Function Test

Exam Date: _____

Pulmonary function testing is used to measure your lung function by measuring the amount of air and the speed of air that you can inhale and exhale. Your provider can use this test to help determine if you have a pulmonary disorder, and the severity or progression of lung disease. The entire test may take up to 45 minutes. You will be asked to stand during the test unless you are unable to safely do so. The test will also require you to walk for six minutes. The following is a list of things you need to know in order to prepare for your pulmonary function test.

Jackson Norton MBA, MHA, CMPE
Administrator

1. Please do not smoke for one hour prior to your test.
2. Avoid using your rescue inhaler (bronchodilator) for six hours prior to your test.
3. Do not eat a large meal within two hours of the test.
4. Wear loose unrestrictive clothing on the day of your test.
5. Avoid alcohol for four hours prior to the test.
6. Do not exercise within 30 minutes of the test.

Upon arrival, please check in at our main entrance. We look forward to seeing you at the time of your appointment. If you have any questions please call our office at 828-298-0333. If you need to reschedule, please call and dial option 4 to speak with scheduling.

Sincerely,

Parkway Medical Group

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