

Is My Baby Teething?

Your baby's first teeth will usually begin erupting around 6 months of age. But many parents wonder why their baby begins drooling and mouthing objects at around 3 months of age.

Drooling normally begins at about 3 months. Once your baby has teeth to hold the drool in his mouth, it will lessen. At about 3 months of age, your baby also becomes eager to explore and learn about the world. Babies love to do this by putting everything in their mouth! This way they can learn about what it is they are holding. Many parents mistake this love of learning for teething. Most babies begin teething around 6 months of age.

Signs of Teething:

- Most babies have no pain associated with teething.
- Some babies may seem uncomfortable and restless, and rub at their gums.

What can you do to ease your baby's discomfort?

- Give your baby a hard, rubber teething ring to chew. This may help to relieve pain or tension in the gums.
- Rubbing your baby's gum with your finger for one to two minutes often relieves teething discomfort.
- Give baby a wet washcloth that has been in the freezer for 30 minutes to chew on.
- Remember, every child is different. What works for some children may not work for your child.

Call your baby's doctor if teething is accompanied by:

- Fever
- Diarrhea
- A rash
- Excessive crying or irritability



My baby's first tooth came on _____.